



..... GLUTEN FREE MENU



..... LUNCH



Served Monday - Saturday from 12.00pm

CONFIT DUCK TORTILLA	10.95	JACKET POTATO	8.95
Shredded duck leg, cucumber, spring onion, red cabbage, carrot, hoisin & orange sauce in a gluten free tortilla wrap served with vegetable crisps		With your filling of choice	
		Coronation chicken, tuna mayonnaise, cheese & beans, served with salad	
CHICKEN WRAP	9.95	HOME ROASTED HAM	14.95
Grilled chicken, salad & mayonnaise in a gluten free tortilla wrap, with vegetable crisps		Our roasted ham, fried eggs and skin on fries	
GREEK SALAD	9.95		
Greek salad with feta & olives			

..... STARTERS



PORK BELLY	8.25	NACHOS	10.95
Slow cooked crispy pork belly with teriyaki sauce & sesame seeds		Corn tortilla chips topped with cheese, guacamole, sour cream, fresh salsa and jalapeños	
PRAWNS	7.95	12" GARLIC BREAD WITH CHEESE	6.50
Prawns, with mango in a chilli Marie Rose sauce with salad & gluten free bread			

PLEASE ENSURE YOU MAKE YOUR SERVER AWARE OF GLUTEN FREE REQUIREMENTS, ALL THESE DISHES ARE PREPARED GLUTEN FREE BUT TO ENSURE OF NO CROSS CONTAMINATION THE KITCHEN NEED TO BE AWARE



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MAINS



MIXED GRILL	29.95	CURRIED SEA BASS	16.95
Ribs, 4oz fillet steak, chicken breast, sausage. Served with vine tomatoes, flat mushroom & salad		Oven baked sea bass with a mild curried sauce on a bed of stir fry vegetables and rice	
FILLET STEAK	25.95	MARGHERITA	10.95
8oz fillet cooked to your liking, served with vine tomatoes, flat mushroom & salad		Our crisp pizza dough, with tomato sauce & mozzarella	
Add peppercorn or stilton sauce	2.95	HALLOUMI	12.95
BEEF BURGER	16.50	Our crisp pizza dough, with tomato sauce, mozzarella, peppers, onions & halloumi	
6oz hand pressed beef burger with cheese, bacon & chilli jam in a pretzel bun served with salad & coleslaw		MEAT FEAST	16.75
48 HOUR RIBS	20.95	Our crisp pizza dough, with tomato sauce, mozzarella, chicken, pepperoni, sausage & ham	
Our mega ribs, marinated & then slow cooked, with our homemade BBQ sauce, salad & coleslaw			

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SIDES



SKIN ON FRIES	3.95	MIXED SALAD	4.00
SWEET POTATO FRIES	3.95	12" GARLIC BREAD & CHEESE	6.50
COLESLAW	3.95		

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DESSERTS



CHEESECAKE	6.50	ICE CREAM	2.50
Please ask for today's flavour		Vanilla, strawberry, or chocolate - per scoop	
CHOCOLATE BROWNIE	6.50		

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