



..... GLUTEN FREE MENU



..... LUNCH



Served Monday - Saturday from 12.00pm

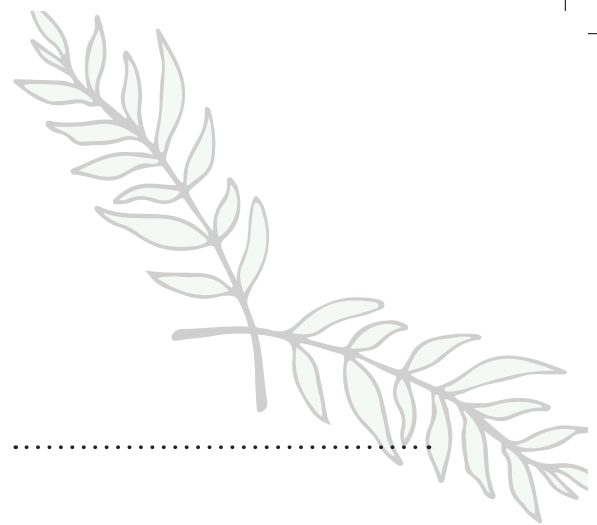
CONFIT DUCK TORTILLA	10.95	JACKET POTATO	8.95
Shredded duck leg, cucumber, spring onion, red cabbage, carrot, hoisin & orange sauce in a gluten free tortilla wrap served with vegetable crisps		With your filling of choice	
		Coronation chicken, tuna mayonnaise, prawn Marie Rose, cheese & beans, served with salad	
CHICKEN WRAP	10.95	HOME ROASTED HAM	15.95
Grilled chicken, salad & mayonnaise in a gluten free tortilla wrap, with vegetable crisps		Our roasted ham, fried eggs & skin on fries	

..... STARTERS



NACHOS	11.95	PRAWN COCKTAIL	8.95
Corn tortilla chips topped with cheese, guacamole, sour cream, fresh salsa and jalapeños		Prawns, with mango in a chilli Marie Rose sauce with salad & gluten free bread	
<i>*perfect for sharing*</i>		12" GARLIC BREAD WITH CHEESE	6.50

PLEASE ENSURE YOU MAKE YOUR SERVER AWARE OF GLUTEN FREE REQUIREMENTS, ALL THESE DISHES ARE PREPARED GLUTEN FREE BUT TO ENSURE OF NO CROSS CONTAMINATION THE KITCHEN NEED TO BE AWARE



MAINS



MEGA MIXED GRILL Ribs, 8oz fillet steak, chicken breast, sausage. Served with vine tomatoes, flat mushroom, salad & chips or sweet potato fries <i>Why not add 2 extra sides & make this a sharing plate for 2</i>	33.95	CURRIED SEA BASS Oven baked sea bass with a mild curried sauce on a bed of stir fry vegetables and rice	16.95
FILLET STEAK 8oz fillet cooked to your liking, served with vine tomatoes, flat mushroom, salad & chips or sweet potato fries Add peppercorn or stilton sauce	27.45	MARGHERITA Our crisp pizza dough, with tomato sauce & mozzarella	10.95
BEEF BURGER 6oz hand pressed beef burger with cheese, bacon & chilli jam in a pretzel bun served with salad, coleslaw & chips or sweet potato fries	16.50	HALLOUMI Our crisp pizza dough, with tomato sauce, mozzarella, peppers, onions & halloumi	12.95
FAMOUS RIBS Our mega ribs, marinated & then slow cooked, with our homemade BBQ sauce, salad & coleslaw	22.95	MEAT FEAST Our crisp pizza dough, with tomato sauce, mozzarella, chicken, pepperoni & ham	16.75

SIDES



SKIN ON FRIES	3.95	MIXED SALAD	4.00
SWEET POTATO FRIES	3.95	12" GARLIC BREAD & CHEESE	6.50
COLESLAW	3.95		

DESSERTS



VANILLA CHEESECAKE Served with cream, ice cream or custard	6.95	STICKY TOFFEE PUDDING Served with cream, ice cream or custard	6.95
CHOCOLATE BROWNIE Served with cream, ice cream or custard	6.95	ICE CREAM per scoop Vanilla, strawberry, or chocolate	1.75
SORBET per scoop Please ask for today's flavours	1.75		

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